

P.O. Box 972 – Galion, Ohio 44833
www.galionsafetycouncil.com

MONTHLY MEETING

DATE: Wednesday, May 25, 2022

TIME: 8:00 a.m. – 9:30 a.m.

PLACE: [Zoom Webinar](#)

PROGRAM: **QPR Gatekeeper Training**
“Questions, Persuade, and Refer (QPR) Training – the three simple steps your employees can learn to help save a life from suicide.”

Christi Eckert, Coalition Coordinator with Marion-Crawford Prevention Programs will conduct the training.

May is Mental Health Awareness Month. To follow up with our regular speaker on Mental Health in the Workplace, we want to offer QPR Gatekeeper Training. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying "Yes" to saving the life of a friend, colleague, sibling, or neighbor.

QPR Gatekeeper Training:

According to the Surgeon General’s National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

Reservations **are not required.** Please email galionsafetycouncil@gmail.com or call Miranda Jones at **419-468-7737** for the meeting password. The webinar will be recorded and posted to the Galion Safety Council webpage following the meeting. You may request the webinar link be personally sent to you by e-mail (galionsafetycouncil@gmail.com) or by calling Miranda Jones at **419-468-7737**